



HURRY!

REGISTER NOW

For the Pre-conference symposium for the 4th International Academy of Nutrition and Aging meeting

Monday September 3rd

Christchurch, New Zealand

Day registration is ONLY NZ \$185 (before July 31st) for a stimulating day with a focus on the latest nutritional issues for older people.

If you are interested in or work with nutrition and older people, this special symposium must not be missed!

Hear some of the foremost speakers in the field.....

Sally Keeling A senior lecturer at the Christchurch School of Medicine and Director of NZ Institute of Research on Aging, Victoria University, Wellington discussing:
Kiwi food habits in later life – revisiting ‘Ladies a plate’

Murray Skeaff Professor in Human Nutrition University of Otago discussing:
A controlled trial of homocysteine lowering and cognitive performance in older people.

Peter Lipski A specialist in geriatric medicine from Gosford Hospital, Australia, who is in great demand at international conferences discussing:
Nutritional care of the housebound elderly

Nadim Khan A General Practitioner from Blenheim discussing:
Drinking patterns among older people in the community in NZ

Other sessions include research presentations by NZ dietitians & other specialists in nutrition

- Nutrition risk screening in community living older people
- Factors influencing food & nutritional intake in a group of community living older people
- Adding life to years: understanding barriers to healthy eating in a group of older single-living NZ men
- Plate waste in an older adult rehabilitation hospital
- E Nutrition (HIS based nutrition screening): evaluation in an older hospital population
- The meaning of preparing and sharing food for older NZ women

Visit www.dietitians.org.nz

For information on the full programme, speakers, sponsors, trade exhibits, venue etc

Register on line **BEFORE JULY 31st** to get the special discounted Earlybird rate of NZ \$185
(If you don't wish to pay on-line, there is a facility that allows you or your employer to be invoiced)

or enquiries to: nzda07@uco.canterbury.ac.nz